

Parks Junior Ski Foundation Code of Conduct

General Rules:

- **Athletes and parents will represent themselves in a respectful manner.** Show respect to coaches, parents and other skiers. Act with respect when involved in any team activity: racing, training, traveling, social activities and meetings. Coaches have the authority to reprimand athletes.
- Represent themselves with honesty and integrity.
- Do not use profane or abusive language
- Do not use tobacco or illegal drugs
- Do not violate local, state or federal laws
- Be supportive of all team members.
- Maintain a level of academic performance satisfactory to school guidelines and to the expectation of your parents.

Daily Training and Race Day Rules:

- Be on time for practice, races and meetings. Athletes should be on the snow and ready to go at the designated time and place the coaches have specified.
- Athletes are expected to show a positive attitude and give their best effort during training and racing.
- Maintain personal ski equipment on a regular basis to ensure personal safety and optimal performance.
- Be appropriately dressed as you are representing Parks Ski Team.
- Protective helmets are required during training and racing. Slalom specific protective gear is required when racing or training for slalom.
- Athletes will refrain from disruptive behavior.
- Athletes are responsible for assisting Parks coaches in any activity relating to practice or races. This includes course setup and teardown.

Ski Area Rules and Policies:

Without the generous support from Sunburst Ski Area, we would not have an area to train or race. **Be a**

Responsible Athlete

- Abide by ski areas' "Responsibility Code".
- Have your season pass or lift ticket available at all times when training and racing.
- Be cordial and respectful of all area employees and other skiers.
- Cutting in lift lines is not allowed. Parks athletes do not have any special privileges at Sunburst.
- No fast skiing on crowded slopes or beginner areas.
- Follow all local rules when visiting race areas' and training sites. Remember we are guests.

Penalties for Misconduct:

Penalties and disciplinary action can include meeting with coaches, parents and board members, as well as suspension or expulsion from training and/or racing.

We the undersigned racer and his/her parent or legal guardian, acknowledge that we have read and agree to abide by this code of conduct. We also acknowledge that we understand the expectations of Parks Ski Team in this regard, and accept the "Penalties for Misconduct".

Athlete Signature

Parental Signature

Printed Name & Date